

## Education

- September 2013-present University of Madeira
- Ph.D. Candidate in Computer Science & Engineering
  - Current GPA: 18.00/20.00
  - Areas: Human-Computer Interaction, Ubiquitous Computing
  - Advisor: Evangelos Karapanos
- 2009-2011 University of Madeira
- Masters Degree in Computer Science & Engineering
  - Final GPA: 17.00/20.00
  - Dissertation: eGuided: Sharing Media in Academic and Social Networks Based on Peer-Assisted Learning e-Portfolios
  - Advisor: Paulo Nazareno Sampaio
- 2006-2009 University of Madeira
- Bachelor's Degree in Computer Science & Engineering
  - Final GPA: 13.00/20.00

## Professional Experience

- October 2017-  
March 2018 Cyprus University of Technology
- Research Visitor
  - Advisor: Evangelos Karapanos
- June 2015-  
Sept 2015 University of Washington
- Research Visitor
  - Advisor: Sean Munson
- 2012-2013 Madeira Interactive Technologies Institute
- Research Assistant
  - Areas: Human-Computer Interaction, Ubiquitous Computing
  - Advisor: Evangelos Karapanos

## Awards

- August 2015 Best Paper Honorable Mention
- Honorable Mention Awarded to the top 5% submissions to Ubicomp 2015. Awarded submission: "How Do We Engage With Activity Trackers? A Longitudinal Study of Habito"
- June 2013 Individual Doctoral Grant
- Foundation for Science and Technology (FCT)
- National PhD studentship awarded by the Portuguese Foundation for Science and Technology (FCT)

## **Academic Services**

- August 2013- July 2016 Academic Senate Member  
University of Madeira
- August 2013- July 2017 Board Member Student Association  
University of Madeira

## **Workshops**

- 2017 Organizing Committee  
Ubicomp'17, New frontiers of quantified self 3: Exploring understudied categories of users
- 2016 Organizing Committee  
Ubicomp'16, New frontiers of quantified self 2: going beyond numbers

## **Reviewing**

- 2015-2018 CHI'15,'16,'17,'18,Ubicomp'16,'17

## **Teaching Experience**

- 2015-2017 University of Madeira
- Teaching Assistant
- Data and Algorithm Structures

## **Thesis Supervision of Graduate Students**

- 2016/17 Fábio Pereira (MSC Computer Science, University of Madeira)
- Context-aware goal-setting for physical activity trackers
- Vitor Teixeira (MSC Computer Science, University of Madeira)
- Playful nudging mechanisms for increasing the physical activity levels of adults
- Tiago Ornelas (MSC Computer Science, University of Madeira)
- Leveraging the wisdom of the crowd in the creation of location-aware physical activity goals
- Marco Leão (MSC Computer Science, University of Madeira)
- A uses and gratifications study of physical activity trackers

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- 2015/16 Sérgio Barros (MSC Computer Science, University of Madeira)
- Walk 'n Ride: Motivating the use of public transport through just-in-time recommendations
- Pedro Teixeira (MSC Computer Science, University of Madeira)
- Need Fulfillment and Experiences on Social Media: A case on Facebook and WhatsApp

## Publications

Full conference papers (peer-reviewed)

- 2018 Activity Tracking *in vivo*  
(to appear) **Rúben Gouveia**, Evangelos Karapanos, Marc Hassenzahl  
*CHI 2018*
- 2016 Exploring the design space of glanceable feedback for physical activity trackers  
**Rúben Gouveia**, Fábio Pereira, Evangelos Karapanos, Sean Munson, Marc Hassenzahl  
*Ubicomp 2016*
- 2015 How do we engage with activity trackers?: a longitudinal study of Habito  
**Rúben Gouveia**, Evangelos Karapanos, Marc Hassenzahl  
*Ubicomp 2015 | Best Paper Honorable Mention (top 5%)*
- 2014 Beyond gamification: sociometric technologies that encourage reflection before behavior change  
Vitor Belim, Olga Lyra, Pedro Teixeira, Ana Caraban, Maria José Ferreira, **Rúben Gouveia**, Andrés Lucero, Evangelos Karapanos  
*ACE 2014*
- 2013 Footprint tracker: supporting diary studies with lifelogging  
**Rúben Gouveia**, Evangelos Karapanos  
*CHI 2013*
- Towards persuasive sociometric technologies for inclusive educational settings  
Olga Lyra, Evangelos Karapanos, **Rúben Gouveia**, Mary Barreto, Valentina Nisi, Nuno J Nunes, John Zimmerman, Jodi Forlizzi  
*CHIItaly 2013*
- Engaging children in longitudinal behavioral studies through playful technologies  
Olga Lyra, Evangelos Karapanos, **Rúben Gouveia**, Valentina Nisi, Nuno J Nunes  
*IDC 2013*

Journal papers (peer-reviewed)

- 2016 Wellbeing in the Making: Peoples' Experiences with Wearable Activity Trackers  
Evangelos Karapanos, **Rúben Gouveia**, Marc Hassenzahl, Jodi Forlizzi  
*Psychology of Well-Being*  
Need fulfillment and experiences on social media: A case on Facebook and WhatsApp  
Evangelos Karapanos, Pedro Teixeira, **Rúben Gouveia**  
*Computers in Human Behavior*
- 2010 Blended Peer-Assisted Learning Platform: Improving Learning Outcomes with a Collaborative Environment  
Paulo Sampaio, José Teixeira, Marlene Camacho, **Rúben Gouveia**  
*Journal of Educational Technology Systems*

Workshop papers, posters (peer-reviewed)

- 2016 New frontiers of quantified self 2: going beyond numbers  
Amon Rapp, Federica Cena, Judy Kay, Bob Kummerfeld, Frank Hopfgartner, Till Plumbaum, Jakob Eg Larsen, Daniel A Epstein, **Rúben Gouveia**  
*Ubicomp 2016*
- Motivating Healthy Water Intake through Prompting, Historical Information, and Implicit Feedback  
Davide Neves, Donovan Costa, Marcio Oliveira, Ruben Jardim, **Rúben Gouveia**, Evangelos Karapanos  
*Persuasive 2016*
- 2015 You have 5 seconds: designing glanceable feedback for physical activity trackers  
**Rúben Gouveia**, Fábio Pereira, Ana Caraban, Sean A Munson, Evangelos Karapanos  
*Ubicomp 2015*
- CrowdWalk: leveraging the wisdom of the crowd to inspire walking activities  
Tiago Ornelas, Ana Caraban, **Rúben Gouveia**, Evangelos Karapanos  
*Ubicomp 2015*
- Social toothbrush: fostering family nudging around tooth brushing habits  
Ana Caraban, Maria José Ferreira, **Rúben Gouveia**, Evangelos Karapanos

*Ubicomp 2015*

- 2013 Look what i found!: augmenting phone calls with memories of the past  
Élton Gouveia, Francisco Azevedo, Luís Ferreira, Paulo Caldeira, Vítor Almeida, **Rúben Gouveia**, Evangelos Karapanos

*CHI 2013*

- 2012 Footprint Tracker: reviewing lifelogs and reconstructing daily experiences

**Rúben Gouveia**, Evangelos Niforatos, Evangelos Karapanos

*DIS 2012*

Sense me: Supporting awareness in parent-child relationships through mobile sensing

José Rodrigues, **Rúben Gouveia**, Olga Lyra, Evangelos Karapanos

*DIS 2012*